



# February 2018

## Fresh Fruit & Veggie Bar

### February 2018

#### 1/29-2/2

Offered Monday Only:	Offered Monday- Wednesday:	Offered Thursday- Friday:
No School	Broccoli Florets Baby Carrots	Green Pepper Strips Cherry Tomatoes
<b>Offered Daily:</b>	Local Apples	Local Sliced Apples
Side Salad, Apples and Oranges	Peach Cups	Mixed Fruit

#### 2/5-2/9

Offered Monday Only:	Offered Monday- Wednesday:	Offered Thursday- Friday:
Goldfish	Red Pepper Strips Celery Sticks	Baby Carrots Zucchini Coins
<b>Offered Daily:</b>	Local Sliced Apples	Local Apple
Side Salad, Apples and Oranges	Applesauce	Craisins

#### 2/12-2/16

Offered Monday Only:	Offered Monday- Wednesday:	Offered Thursday- Friday:
Cinnamon Grahams	Baby Carrots Zucchini Coins	Cucumber Coins Red Pepper Strips
<b>Offered Daily:</b>	Local Apple	Local Sliced Apples
Side Salad, Apples and Oranges	Craisins	Diced Pineapple

#### 2/19-2/23 February Break

Offered Monday Only:	Offered Monday- Wednesday:	Offered Thursday- Friday:
No School	No School	No School
<b>Offered Daily:</b>		

#### 2/26-3/2

Offered Monday Only:	Offered Monday- Wednesday:	Offered Thursday- Friday:
Cinnamon Grahams	Broccoli Florets Baby Carrots	Green Pepper Strips Cherry Tomatoes
<b>Offered Daily:</b>	Local Apples	Local Sliced Apples
Side Salad, Apples and Oranges	Peach Cups	Mixed Fruit

### Scituate Schools Fruit and Veggie Bar Menu

A well balanced meal will give you energy and nutrition you need to fuel your brain and body for a busy day.  
All of our meals conform to the new USDA standards.