



Scituate High School

November 2017

30
Spaghetti & Meatballs w/ Breadstick
 Chicken Ranch Club Flatbread
 Turkey & Cheese Sandwich Lunch Box
 Pizza Salad w/ Roll
side items
Fresh Fruit and Veggie Bar
 Peas

31 Halloween
Crispy Fish Sticks w/ Mac&Cheese
 Chicken Parm Sandwich
 Turkey & Cheese Sandwich Lunch Box
 Pizza Salad w/ Roll
Fresh Fruit and Veggie Bar
 Seasoned Green Beans

1
Breaded Chicken Drumstick w/ Roll
 Sloppy Joe Melt
 Turkey & Cheese Sandwich Lunch Box
 Pizza Salad w/ Roll
side items
Fresh Fruit and Veggie Bar
 Local Roasted Potatoes

2
Beef Nachos w/ Salsa & Sour Cream
 Hot Dog
 Turkey & Cheese Sandwich Lunch Box
 Pizza Salad w/ Roll
side items
Fresh Fruit and Veggie Bar
 BBQ Black Beans

3
Sweet N' Sour Chicken w/ Egg Roll
 Double Cheeseburger
 Turkey & Cheese Sandwich Lunch Box
 Pizza Salad w/ Roll
side items
Fresh Fruit and Veggie Bar
 Broccoli

6
TexMex Popcorn Chix w/ Breadstick
 Chicken BLT Sub
 Italian Sub Lunch Box
 Chicken Caesar Salad w/ Roll
side items
Fresh Fruit and Veggie Bar
 Mashed Potatoes

7
No School
side items

8
Mini Pancakes and Sausage Patties
 Chicken BLT Sub
 Italian Sub Lunch Box
 Chicken Caesar Salad w/ Roll
side items
Fresh Fruit and Veggie Bar
 Cinnamon Apples

9
Beef Nachos w/ Salsa & Sour Cream
 Chicken BLT Sub
 Italian Sub Lunch Box
 Chicken Caesar Salad w/ Roll
side items
Fresh Fruit and Veggie Bar
 Baked Beans

10
No School
side items

13
Meatloaf w/ Gravy
 Southwest Chicken Pinwheel
 Buffalo Chicken Wrap Lunch Box
 Popcorn Chicken Salad w/ Breadstick
side items
Fresh Fruit and Veggie Bar
 Mashed Potatoes

14
Popcorn Chicken Bar w/ Breadstick
 Southwest Chicken Pinwheel
 Popcorn Chicken Salad w/ Breadstick
 Buffalo Chicken Wrap Lunch Box
side items
Fresh Fruit and Veggie Bar
 Peas

15
French Toast w/ Sausage Patties
 Southwest Chicken Pinwheel
 Popcorn Chicken Salad w/ Breadstick
 Buffalo Chicken Wrap Lunch Box
side items
Fresh Fruit and Veggie Bar
 Cinnamon Sweet Potatoes

16
Chicken Nachos w/ Salsa & Sour Cream
 BBQ Chicken Melt
 Popcorn Chicken Salad w/ Breadstick
 Buffalo Chicken Wrap Lunch Box
side items
Fresh Fruit and Veggie Bar
 Campfire Beans

17
Roasted Turkey Dinner w/ Gravy
 Southwest Chicken Pinwheel
 Popcorn Chicken Salad w/ Breadstick
 Buffalo Chicken Wrap Lunch Box
side items
Fresh Fruit and Veggie Bar
 Mashed Potatoes

20
Corn Dog
 Soft Taco Bar
 Chicken Caesar Wrap Lunch Box
 Beef Taco Salad w/ Tortilla Chips
side items
Fresh Fruit and Veggie Bar
 Seasoned Corn

21 Last Day of School!!!
Popcorn Chicken w/ Breadstick
 Bacon Grilled Cheese w/ Tomato Soup
 Chicken Caesar Wrap Lunch Box
 Beef Taco Salad w/ Tortilla Chips
side items
Fresh Fruit and Veggie Bar
 Green Beans

22
No School
side items

23 Thanksgiving
No School
side items

24
No School
side items

27
Saulsbury Steak w/ Egg Noodles
 Spicy Chicken Patty
 Fruit & Cheese Salad w/ Roll
 Ham & Cheese Sub Lunch Box
side items
Fresh Fruit and Veggie Bar
 Veggie Blend

28
Made To Order Deli Bar
 Baked Mac & Cheese w/ Breadstick
 Fruit & Cheese Salad w/ Roll
 Ham & Cheese Sub Lunch Box
side items
Fresh Fruit and Veggie Bar
 Carrots

29
French Toast w/ Sausage Patties
 Bacon Cheeseburger
 Fruit & Cheese Salad w/ Roll
 Ham & Cheese Sub Lunch Box
side items
Fresh Fruit and Veggie Bar
 Peas

30
Beef Nachos w/ Salsa & Sour Cream
 Fish Melt
 Fruit & Cheese Salad w/ Roll
 Ham & Cheese Sub Lunch Box
side items
Fresh Fruit and Veggie Bar
 Baked Beans

1
Philly Cheesesteak Melt
 Chicken Burrito w/ Salsa
 Fruit & Cheese Salad w/ Roll
 Ham & Cheese Sub Lunch Box
side items
Fresh Fruit and Veggie Bar
 Broccoli

Offered Daily: Pizza, Burgers, Chicken Patty and many other a la carte options. Lunch has increased this year: \$2.85

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

View Menu's & FFVB at www.scituateri.net/lunch

Payments can be made at:

www.myschoolbucks.com anytime.



Please Note:
 Menus may change without notice due to ordering.



Contact Us:
 Scituate Nutrition:
 401.647.4120

